

=====

UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20459

-----

FORM 8-K

CURRENT REPORT PURSUANT TO SECTION 13 OR 15(D)  
OF THE SECURITIES EXCHANGE ACT OF 1934

Date of report: March 17, 2006  
(Date of earliest event reported)

LTC PROPERTIES, INC.  
(Exact name of Registrant as specified in its charter)

Maryland	1-11314	71-0720518
(State or other jurisdiction of incorporation or organization)	(Commission file number)	(I.R.S. Employer Identification No)

31365 Oak Crest Drive, Suite 200  
Westlake Village, CA 91361  
(Address of principal executive offices)

(805) 981-8655  
(Registrant's telephone number, including area code)

Check the appropriate box below if the Form 8-K filing is intended to  
simultaneously satisfy the filing obligation of the registrant under any of the  
following provisions (see General Instruction A.2. below):

☐ Written communications pursuant to Rule 425 under the Securities Act (17 CFR  
230.425)

☐ Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR  
240.14a-12)

☐ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange  
Act (17 CFR 240.14d-2(b))

☐ Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange  
Act (17 CFR 240.13e-4(c))

=====

Item 8.01. -- Other Events

Effective October 23, 2000, the Securities and Exchange Commission (the "SEC")  
adopted new rules related to insider trading. One of these rules, Rule 10b5-1 of  
the Securities Exchange Act of 1934, as amended (the "1934 Act"), provides an  
exemption to the insider trading rules in the form of an affirmative defense.  
Rule 10b5-1 recognizes the creation of formal programs under which executives  
and other insiders may sell the securities of publicly traded companies on a  
regular basis pursuant to written plans that are entered into at a time when the  
plan participants are not aware of material non-public information and that  
otherwise comply with the requirements of Rule 10b5-1.

On March 17, 2006, Andre Dimitriadis, Chairman and Chief Executive Officer of  
the Company, entered into a Rule 10b5-1 Sales Plan with a broker-dealer firm.  
Under the Sales Plan, the broker-dealer is authorized to sell up to 200,000  
shares of the Company's common stock pursuant to the terms of the Sales Plan  
over a period commencing on April 5, 2006 and extending through August 17, 2006  
or all such shares are sold, unless the Sales Plan is terminated earlier  
pursuant to its terms. Under the Sales Plan, no more than 10,000 shares may be  
sold in any one week.

Reports of the details of actual sales under the plan will be filed by Mr.  
Dimitriadis on Form 4 in accordance with SEC regulations.

SIGNATURE

Pursuant to the requirements of Section 13 or 15(d) of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.

LTC PROPERTIES, INC.

Dated: March 20, 2006

By: /s/ WENDY L. SIMPSON

-----  
Wendy L. Simpson  
President, COO, CFO and Treasurer