FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address TRICHE TIMO			2. Issuer Name and Ticker or Trading Symbol LTC PROPERTIES INC [LTC]		ionship of Reporting Person(s all applicable)) to Issuer
TRICHE HIMC	<u>ЛП1</u>		,	X	Director	10% Owner
(Last)	(First)	(Middle)			Officer (give title below)	Other (specify below)
31365 OAK CRES SUITE 200	` ,	(wildaic)	3. Date of Earliest Transaction (Month/Day/Year) 03/13/2006		,	,
(Street) WESTLAKE VILLAGE	CA	91361	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indivi	dual or Joint/Group Filing (Che Form filed by One Reporting Form filed by More than On	g Person
(City)	(State)	(Zip)				

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transac Code (Ir 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)		(Ilistr. 4)
Common Stock								5,076	I	See footnote ⁽¹⁾
Common Stock	03/13/2006		F		4,000	A	\$4.06	33,000	D	
Common Stock	03/13/2006		F		6,000	A	\$5.17	39,000	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (li 8)		Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Stock Options	\$4.06	03/13/2006		F			2,000	04/23/2004	04/23/2011	Common Stock	2,000	\$4.06	0	D	
Stock Options	\$4.06	03/13/2006		F			2,000	04/23/2005	04/23/2012	Common Stock	2,000	\$4.06	0	D	
Stock Options	\$4.06							04/23/2006	04/23/2013	Common Stock	2,000		2,000	D	
Stock Options	\$5.17	03/13/2006		F			3,000	10/03/2004	10/03/2011	Common Stock	3,000	\$5.17	2,000	D	
Stock Options	\$5.17	03/13/2006		F			3,000	10/03/2005	10/03/2012	Common Stock	3,000	\$5.17	2,000	D	
Stock Options	\$5.17							10/03/2006	10/03/2013	Common Stock	3,000		5,000	D	

Explanation of Responses:

1. Company contribution/reinvestment of dividend held on shares held in deferred compensation trust. Individuals have no voting rights over such shares.

/s/ Timothy J Triche

03/15/2006

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.

 $^{^{\}star}$ If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

^{**} Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).