FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person [*] TRICHE TIMOTHY			2. Issuer Name and Ticker or Trading Symbol <u>LTC PROPERTIES INC</u> [LTC]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
I TRICHE HIM	<u>JIHY</u>		[[]	X	Director	10% Owner			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year)		Officer (give title below)	Other (specify below)			
31365 OAK CREST DRIVE SUITE 200			11/04/2010						
(Street) WESTLAKE VILLAGE	СА	91361	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv X	idual or Joint/Group Filing (Cl Form filed by One Reporti Form filed by More than O	ng Person			
(City)	(State)	(Zip)							

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transac Code (Ir 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)		(1130.4)
Common Stock	11/04/2010		s		700	D	\$28.33	26,802 ⁽¹⁾	D	
Common Stock	11/04/2010		s		1,900	D	\$28.35	24,902	D	
Common Stock	11/04/2010		S		200	D	\$28.37	24,702	D	
Common Stock	11/04/2010		s		100	D	\$28.38	24,602	D	
Common Stock	11/04/2010		S		200	D	\$28.4	24,402	D	
Common Stock	11/04/2010		S		300	D	\$28.43	24,102	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (In 8)		n Derivative		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		Transaction(s) (Instr. 4)		
Stock Options	\$4.06							04/23/2006	04/23/2013	Common Stock	2,000		2,000	D	
Stock Options	\$5.17							10/03/2006	10/03/2013	Common Stock	3,000		5,000	D	
Stock Options	\$23.79							05/15/2008	05/15/2015	Common Stock	3,333		8,333	D	
Stock Options	\$23.79							05/15/2009	05/15/2016	Common Stock	3,333		11,666	D	
Stock Options	\$23.79							05/15/2010	05/15/2017	Common Stock	3,334		15,000	D	

Explanation of Responses:

1. The termination of the deferred compensation trust plan resulted in the delivery of 6,756 shares directly to the participant.

/s/ Timothy J Triche

** Signature of Reporting Person

<u>11/08/2010</u> Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

 * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.