## FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

OMB APPROVAL

OMB Number: 3235-0287 Estimated average burden 0.5 hours per response:

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

1	s of Reporting Person <sup>*</sup> ESSLER PAMEL	A	2. Issuer Name <b>and</b> Ticker or Trading Symbol <u>LTC PROPERTIES INC</u> [ LTC ]		tionship of Reporting Person( all applicable) Director	s) to Issuer 10% Owner	
// aat)		(Middle)		X	Officer (give title below)	Other (specify below)	
(Last) (First) 22917 PACIFIC COAST HWY SUITE 350			3. Date of Earliest Transaction (Month/Day/Year) 08/09/2004		VP & Controller		
(Street) MALIBU	СА	90265	4. If Amendment, Date of Original Filed (Month/Day/Year)	6. Indiv	idual or Joint/Group Filing (Ch Form filed by One Reportir	,	
					Form filed by More than O	-	
(City)	(State)	(Zip)					

## Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	ecution Date, Transactio					5. Amount of Securities Beneficially Owned Following Reported Transaction(s)		7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	v	Amount	(A) or (D)	Price	(Instr. 3 and 4)		(1150.4)
Common Stock								787		See Footnote <sup>(1)</sup>
Common Stock	08/09/2004	08/09/2004	A <sup>(2)</sup>		3,000	Α	\$17.22	12,600	D	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)
				Code	v	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)		
Stock Options	\$6.1875	04/14/2004	04/14/2004	F			3,000	07/10/2001	07/10/2008	Common Stock	5,000	\$6.1875	2,000	D	
Stock Options	\$6.1875							07/10/2002	07/10/2009	Common Stock	5,000		7,000	D	
Stock Options	\$6.1875							07/10/2003	07/10/2010	Common Stock	5,000		12,000	D	
Stock Options	\$6.1875							07/10/2004	07/10/2011	Common Stock	5,000		17,000	D	
Stock Options	\$6.1875							07/10/2005	07/10/2012	Common Stock	5,000		22,000	D	
Stock Options	\$5.17							10/03/2004	10/03/2011	Common Stock	1,800		40,000	D	
Stock Options	\$5.17							10/03/2005	10/03/2012	Common Stock	1,800		41,800	D	
Stock Options	\$5.17							10/03/2006	10/03/2013	Common Stock	1,800		43,600	D	

Explanation of Responses:

1. Company contribution and reinvestment of dividend on shares held in deferred compensation trust. Individuals do not have the right to vote such shares.

2. 3,000 shares of restricted stock awarded 08/09/04. Shares vest equally over three years with the first one-third vesting on August 9, 2005 and based on the reporting person's employment with LTC at each vesting date. Remarks:

/s/ Pamela J. Shelley-Kessler

08/10/2004

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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